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-ed -ing -ly Openers Reading Quietly Under The Covers, Looking Sadly Out Of The Window, Combine With -ed -ing -ly Openers Diving As Gracefully As A Dolphin, Swiftly Pouncing Like A Panther, Use Dialogue Don't Forget Inverted Commas. Author: Teacher Created Date: 2/10/2020 7:29:14 PM ... 2th, 2024

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Chin Into Neutral(now Would Be The Time To Do Turtle). Turn The Palms Out And Forward And Place The Arms On The Wall. Hold For 1 Minute And Work Towards 2 Minutes. When Achieving The Longer Hold Then Go Back To A Shorter Time And Slide Down Farther Until The Thighs Are Parallel To The floor, 1th, 2024

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