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4.7.3 Preexercise Activities (warm-up, Stretching, And Massage) 102 4.7.4 Pharmaceutical Substances 105 4.7.5 Oestrogen 106 4.8 Practical Recommendations For The Health Care Practitioner 107 Chapter 5 The Effects Of Active Dynamic Warm-up, Passive Dynamic Stretching, And Massage On Stiffness, Range Of Motion, Maximum Jan 2th, 2024

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Effects Of Dynamic And Static Stretching Within General And Activity Specific Warm-up Protocols Michael Samson 1, Duane C. Button 1, Anis Chaouachi 2 And David G. Behm 1 1 School Of Human Kinetics And Recreation, Memorial University Of Newfoundland, St John's, Newfoundland, Canada Jul 1th, 2024

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