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M.E.P. Seligman — Curriculum Vitae Page 3 Of 67 3 1996 - Member, National Academy Of Practice In Psychology 1990- Society Of Experimental Psychologists 1984- Chairman, Scientific Board, Foresight, Inc. May 12th, 2024

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Jan 29, 2018 · M.E.P. Seligman — Curriculum Vitae Page 10 Of 65 10 Behavior," National Science Foundation, SOC 74 12063 1971-91 Principal Investigator: "Depression And Learned Helplessness" And Other Titles, National Institute Of Mental Health, MH 19604 1969-71 Principal Investigator: "Helplessness And Chronic Fear," National May 18th, 2024

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Learned Optimism-Martin E. P. Seligman 1998 An Authority On Cognitive Psychology And Motivation Documents The Positive Effects Of Optimism On The Quality Of Life And Provides A Program Of Specific Exercises Designed To Break The Pessimism Habit While Developing An Optimistic Outlook. Reissue. May 5th, 2024

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