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Swimming, Rowing). For Cyclic Activities, The Average Speed Of Progression Is Defined By The Product Of The Average Distance Travelled Per Cycle Of Motion (e.g. Running Stride Length) And The Average Rate Or Cadence At Which The Cycle Of Motion Is Being Repeated (e.g. Running Stride Rate Feb 3th, 2024

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Joints Of The Head, Neck, Trunk, Upper Extremity, And Hips (Figure 2-4, A). Flexion Of The Knee, Ankle, Foot, And Toes Is Movement In The Posterior Direction. Extension Is The Motion Opposite Of flexion. The Sagittal Axis (z-axis) Lies In The

Sagittal Plane And Extends Horizontally From Anterior To Posterior. Jun 1th, 2024

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The Popliteus Tendon Is 54.5mm.5 The Tendon Continues Proximally, Through The Popliteal Hiatus In The Coronary Ligament, At Which Point It Becomes Intra-articular, And Inserts Onto The Lateral Femoral Condyle. This Popliteal Hiatus Is Also Known As The "bare Area Of The Lateral Mensicus."10 The Popliteus Is A Dynamic Internal Rotator ... Mar 2th, 2024

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Normal Anatomy And Biomechanics Of The Knee

Femur, Which Is A Coalescence Of The Medial And Lateral Femoral Condyles. Matching The Patella, The Lateral Portion Of The Femoral Sulcus Is Relatively Broader And Contains A Higher Lateral Ridge Than The Medial Portion. This Topo-

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CHAPTER 1 Functional Anatomy And Biomechanics Of The ...

Articular Disc. The TMJ Is Classified As A Compound Joint. By Definition, A Compound Joint Requires The Presence Of At Least Three Bones, Yet The TMJ Is Made Up Of Only Two Bones. Functionally, The Articular Disc Serves As A Nonossified Bone That Permits The Complex Movements Mar 1th, 2024

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Years. It Usually Fuses To The Acetabular Margin In Mid-adolescence. The Triradiate Cartilage Closes At About 11 Years In Girls And A Year Later In Boys [2]. Development Of The Proximal Femoral Chondro-osseous Epiphysis And Physis Is Probably The Most Complex Of All The Appen Jul 2th, 2024

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